

Understanding and Tracking Your Treatment With ALUNBRIG® (brigatinib)

A guide to help you start and stay on top of your treatment

What is ALUNBRIG?

ALUNBRIG is a prescription medicine used to treat adults with non-small cell lung cancer (NSCLC):

- that has a certain type of abnormal anaplastic lymphoma kinase (ALK) gene, and
- that has spread to other parts of your body

It is not known if ALUNBRIG is safe and effective in children.



How this guide can help you and your care partner



There can be a lot involved with starting and staying on a treatment plan for lung cancer. This guide is designed to help make things a little easier so that you don't feel overwhelmed. It includes information and tools to help you:

- Understand ALUNBRIG (brigatinib) dosing and how to take your medication as prescribed
- Track your daily doses, other medications you may take, and important doctor appointments
- Manage possible symptoms and side effects that may occur
- Have productive conversations with your care team
- Keep important information all in one place, such as your care team contacts, diagnosis history, and treatment updates



Be sure to take this guide with you when you meet with your healthcare providers. By sharing it with them and your loved ones, you will help your care team know how to better support you along the way.

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An introduction to treatment with ALUNBRIG

ALUNBRIG is an oral prescription medication approved to treat adults with ALK-positive non-small cell lung cancer (ALK+ NSCLC) that has spread to other parts of the body.



ALUNBRIG is:







Taken with or without food

Take ALUNBRIG exactly as your healthcare provider tells you to take it. Do not change your dose or stop taking ALUNBRIG unless your healthcare provider tells you to.



If you miss a dose or vomit after taking a dose of ALUNBRIG:

- Do not take the missed dose or an extra dose
- Take your next dose at your regular time

Other important information

- Swallow ALUNBRIG tablets whole. Do not crush or chew tablets
- Keep ALUNBRIG and any other medicines you may be taking out of the reach of children
- Store ALUNBRIG at a room temperature of 68°F to 77°F (20°C to 25°C)
- Avoid grapefruit and grapefruit juice because it may change the amount of ALUNBRIG in your blood

Starting ALUNBRIG (brigatinib) and tracking your once-daily doses

Follow your healthcare provider's instructions

ALUNBRIG comes in convenient 180-mg, 90-mg, and 30-mg tablets. Your healthcare provider will start you on a dose of 90 mg once daily for the first 7 days of treatment. If you tolerate this dose of ALUNBRIG well, your healthcare provider may increase your dose to 180 mg once daily from Week 2 onward. In the table below, write down your prescribed dose for each day, then add the time and check the box as soon as you take that dose. This way, you'll have a daily record to refer to if you ever forget whether or not you've taken your medication.

	WEEK ONE Recommended: 90 mg	WEEK TWO Recommended: 180 mg	WEEK THREE	WEEK FOUR
	Taken 🔘	Taken 🔘	Taken 🔾	Taken 🔾
DAY1	mg Time:	mg Time:	mg Time:	mg Time:
	Taken O	Taken 🔘	Taken 🔾	Taken 🔘
DAY 2	mg Time:	mg Time:	mg Time:	mg Time:
	Taken O	Taken 🔾	Taken 🔾	Taken 🔘
DAY 3	mg Time:	mg Time:	mg Time:	mg Time:
	Taken O	Taken 🔘	Taken 🔾	Taken 🔘
DAY 4	mg Time:	mg Time:	mg	mg Time:
	Taken O	Taken 🔘	Taken 🔾	Taken 🔘
DAY 5	mg Time:	mg Time:	mg Time:	mg Time:
	Taken O	Taken 🔾	Taken 🔾	Taken 🔘
DAY 6	mg Time:	mg Time:	mg Time:	mg Time:
	Taken O	Taken O	Taken O	Taken O
DAY7			mg Time:	mg Time:

Be sure to review your ALUNBRIG dosing regimen with your healthcare team to ensure you are taking it correctly. Do not stop taking ALUNBRIG without talking to your healthcare provider.

Tips for taking ALUNBRIG each day

Taking your medication as directed by your doctor is important

Here are some tips that can help:



Take your medication every day around the same time, such as when you have breakfast. Keep your pill box or medication bottle on or near the breakfast table.



When you travel, be sure to take your medication and your care team's contact information with you. If you are traveling by air, keep your medication in your carry-on bag.

If you do leave it at home, call your healthcare provider

right away. Your healthcare team may be able to get a

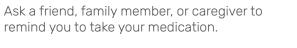
new supply of ALUNBRIG to you at your new location.



Set an alarm in your house or on your mobile device to remind you to take your medication.



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Use a tracker (see page 4) or online calendar to record your daily dose and mark each day with an X after you've taken your medication.

If you are struggling with side effects, contact your healthcare provider right away to discuss the side effects you are experiencing. Your healthcare team may be able to help you manage them.



Continue to take your medication at the dose you are prescribed unless your healthcare provider changes your treatment plan. Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with ALUNBRIG if you develop side effects.

To download and print more trackers, visit **ALUNBRIG.com/resources**.



Managing possible symptoms and side effects

It's not unusual for people with cancer to experience symptoms related to their disease and side effects related to their treatment. Some examples are listed below, along with tips to help manage them if they occur.



The following suggestions do not take the place of advice and instructions from your healthcare providers. If you experience these disease symptoms or side effects of treatment, seek medical advice from your doctor. Your doctor and other members of your care team should always be your primary sources of information regarding your health and treatment plan.



Fight fatigue

Fatigue can take a physical and emotional toll. To help reduce fatigue, it's recommended that you:

- · Eat a healthy diet
- Try regular, moderate exercise, such as walking
- Plan your day to include short naps or rest breaks (30 minutes or less)
- Ask friends or family to help with tasks that are too tiring for you
- Try not to overexert yourself or take on too much



Increase appetite and relieve nausea

Here are some suggestions that may help improve your appetite and relieve nausea:

- Eat frequent small snacks throughout the day
- Try small amounts of foods high in calories that are easy to eat, such as yogurt or ice cream
- Try liquid nutritional supplements
- Eat plain foods
- Find ways to make eating more enjoyable, like eating with a friend



Overcome shortness of breath

Shortness of breath, or dyspnea, can be mild or severe. At times, it can start suddenly and be a medical emergency, so be sure to speak with your doctor or call 911 about any shortness of breath that concerns you or won't go away. To help reduce its potential impact on your life:

- Your doctor may prescribe medication to help you manage shortness of breath (for example, oxygen, medicine for relief of wheezing, inhalers, or nebulizers)
- Your doctor may recommend procedures to shrink or destroy tumors that block your airways
- · Practice deep breathing, inhaling through your nose and exhaling through pursed lips, when you aren't short of breath
- Remove or loosen tight clothing and try to cool off; heat can make it even harder to breathe



Relieve coughing

Ways to address a cough depend on the cause. Over-the-counter and prescription remedies include cough suppressants, corticosteroids, and opioids. In some cases, doctors may recommend a radiation therapy called brachytherapy.



Reduce pain

There are several options you might try to manage pain. These include:

- Alternative therapies, such as acupuncture, distraction, massage, and hypnosis
- Relaxation strategies like closing your eyes and focusing on your breathing or visualizing a peaceful scene
- Medications



Important Safety Information for ALUNBRIG (brigatinib)

ALUNBRIG can cause serious side effects, including:

- · Lung problems. ALUNBRIG may cause severe or life-threatening swelling (inflammation) of the lungs any time during treatment and can lead to death. These lung problems happen especially within the first week of treatment with ALUNBRIG. Symptoms may be similar to those symptoms from lung cancer. Tell your healthcare provider right away if you have any new or worsening symptoms, including:
 - trouble breathing or shortness of breath cough with or without mucus
 - chest pain

- fever
- High blood pressure (hypertension). ALUNBRIG may cause high blood pressure. Your healthcare provider will check your blood pressure before starting and during treatment with ALUNBRIG. Tell your healthcare provider right away if you get headaches, dizziness, blurred vision, chest pain or shortness of breath.
- · Slow heart rate (bradycardia). ALUNBRIG may cause very slow heartbeats that can be severe. Your healthcare provider will check your heart rate during treatment with ALUNBRIG. Tell your healthcare provider right away if you feel dizzy, lightheaded, or faint during treatment with ALUNBRIG. Tell your healthcare provider if you take any heart or blood pressure medicines.
- · Vision problems. ALUNBRIG may cause vision problems. Your healthcare provider may stop ALUNBRIG and refer you to an eye specialist if you develop severe vision problems during treatment with ALUNBRIG. Tell your healthcare provider right away if you have any loss of vision or any change in vision, including:
 - double vision
- light hurting your eyes
- seeing flashes of light
 new or increased floaters
- blurry vision
- Muscle pain, tenderness, and weakness (myalgia). ALUNBRIG may increase the level of an enzyme in your blood called creatine phosphokinase (CPK), which may be a sign of muscle damage. Your healthcare provider will do blood tests to check your blood levels of CPK during treatment with ALUNBRIG. Tell your healthcare provider right away if you get new or worsening signs and symptoms of muscle problems, including unexplained muscle pain or muscle pain that does not go away, tenderness, or weakness.
- Inflammation of the pancreas (pancreatitis). ALUNBRIG may increase enzymes in your blood called amylase and lipase, which may be a sign of pancreatitis. Your healthcare provider will do blood tests to check your pancreatic enzyme blood levels during treatment with ALUNBRIG. Tell your healthcare provider right away if you get new or worsening signs and symptoms of pancreatitis, including upper abdominal pain that may spread to the back and get worse with eating, weight loss, or nausea.
- Liver problems (hepatotoxicity). ALUNBRIG may increase the levels of bilirubin in your blood and enzymes called aspartate aminotransferase (AST) and alanine aminotransferase (ALT) in your blood, which may be a sign of liver problems. Your healthcare provider will do blood tests to check your liver during treatment with ALUNBRIG. Tell your healthcare provider right away if you get new or worsening signs or symptoms, including:
 - yellowing of your skin or the white part of your eyes
 - · dark or brown (tea color) urine
 - nausea or vomiting
 - pain on the right side of your stomach area
- bleed or bruise more easily than normal
- itchv skin
- decreased appetite
- feeling tired

- High blood sugar (hyperglycemia). ALUNBRIG may increase your blood sugar levels. Your healthcare provider will do blood tests to check your blood sugar levels before starting and during treatment with ALUNBRIG. Your healthcare provider may need to start or change your blood sugar medicine to control your blood sugar levels. Tell your healthcare provider right away if you get new or worsening signs and symptoms of hyperglycemia, including:
 - feeling very thirsty

feeling very hungry

• feeling weak or tired

- needing to urinate more than usual
- feeling sick to your stomach
- feeling confused

The most common side effects of ALUNBRIG include diarrhea, fatigue, nausea, rash, cough, muscle pain, headache, high blood pressure, vomiting and difficulty breathing.

ALUNBRIG may cause fertility problems in males. This may affect your ability to father a child. Talk to your healthcare provider if you have concerns about fertility.

These are not all the possible side effects of ALUNBRIG. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

What should I avoid while taking ALUNBRIG?

- · Limit your time in the sun during treatment with ALUNBRIG and for at least 5 days after your final dose. ALUNBRIG may make your skin sensitive to sunlight. You may burn more easily and get severe sunburns. When you are in the sun, wear a hat and protective clothing, and use a broad-spectrum sunscreen and lip balm with a Sun Protection Factor (SPF) of 30 or greater to protect against sunburn.
- · Avoid eating grapefruit or drinking grapefruit juice during treatment with ALUNBRIG. Grapefruit may increase the amount of ALUNBRIG in your blood.

Before you take ALUNBRIG, tell your healthcare provider about all of your medical conditions, including if you have lung or breathing problems, high blood pressure, a slow heartbeat, or any vision problems, have or have had pancreatitis, have liver problems, have diabetes mellitus or glucose intolerance, have kidney problems or are on dialysis, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed.

- ALUNBRIG can harm your unborn baby. Your healthcare provider will determine whether or not you are pregnant before you start treatment with ALUNBRIG. Tell your healthcare provider right away if you become pregnant during treatment with ALUNBRIG or think you may be pregnant.
 - Females who are able to become pregnant should use effective birth control during treatment with ALUNBRIG and for at least 4 months after the final dose of ALUNBRIG. Talk to your healthcare provider about birth control choices that are right for you during treatment with ALUNBRIG.
 - Males who have female partners who are able to become pregnant should use effective birth control during treatment with ALUNBRIG and for at least 3 months after the final dose of ALUNBRIG.
- It is not known if ALUNBRIG passes into your breast milk. Do not breastfeed during treatment with ALUNBRIG and for 1 week after the final dose of ALUNBRIG.

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, or herbal supplements.

Tracking symptoms and side effects to share with your doctor

Track your symptoms and side effects so you can discuss them with your healthcare providers at your next appointment.

If you experience a severe symptom or side effect, you should notify your doctor or call 911 immediately. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch. You may also report side effects directly to Takeda Oncology at 1-844-817-6468 or GlobalOncologyMedinfo@Takeda.com.

Symptom or side effect	When it first occurred	How long it lasted	How bad it was (severity)	Immediate action taken	Outcome after doctor visit
					
					
					
			✓ Mild✓ Moderate✓ Severe		
					
			✓ Mild✓ Moderate✓ Severe		
			 Mild Moderate Severe		



Try to track your symptoms on a regular schedule that you can stick to, including as much detail as possible. This can help identify patterns and triggers in your symptoms that may help guide decisions about possible changes to your treatment plan.

Symptom or side effect	When it first occurred	How long it lasted	How bad it was (severity)	Immediate action taken	Outcome after doctor visit
			✓ Mild✓ Moderate✓ Severe		
			MildModerateSevere		
			✓ Mild✓ Moderate✓ Severe		
			✓ Mild✓ Moderate✓ Severe		
			MildModerateSevere		
			✓ Mild✓ Moderate✓ Severe		
			Mild Moderate Severe		

Tracking additional treatments that your doctor may prescribe

When taking once-daily ALUNBRIG (brigatinib), you may need additional medications to manage symptoms associated with your disease or side effects related to treatment. You may also be taking medications to treat other conditions unrelated to your lung cancer diagnosis.

Use this section to stay aware of all your medications, including when to take them, how often, and why.

Medication name and description (eg, white capsule)	Dosage and frequency	Taken on what day(s) of week?	Reason for taking	Date prescribed



Pill boxes labeled with the days of the week can be a great tool to make tracking multiple medications easier so that you will be less likely to miss a dose. If you're comfortable taking a digital approach, consider checking out free tracking apps in the app store on your smartphone.

Medication name and description (eg, white capsule)	Dosage and frequency	Taken on what day(s) of week?	Reason for taking	Date prescribed

Tracking your appointments

Use this log to keep track of your appointments, topics you may want to discuss with your healthcare providers, and notes from those conversations. An example of how to use this tracker is shown below.

Date and time	Type of care team member, name, and location	Reason for visit/topics to discuss	Notes/questions to ask
4/14 2 pu	 Primary doctor Oncologist Pulmonologist Phlebotomist Other: Name: Location: 	O Routine visit O Follow-up tests O Discuss test results O Concerns about symptoms or side effects O Blood draw O Other:	shortuess of breath getting worse?
	O Primary doctor Oncologist Pulmonologist Phlebotomist Other: Name: Location:	 Routine visit Follow-up tests Discuss test results Concerns about symptoms or side effects Blood draw Other: 	
	Oncologist Opulmonologist Pulmonologist Ophlebotomist Other: Name: Location:	Routine visit Follow-up tests Discuss test results Concerns about symptoms or side effects Blood draw Other:	



At the beginning of your visit, let your healthcare team member know you have a certain number of questions so that they leave enough time to answer them. If a friend or family member is able to join, they can help you take notes.

Date and time	Type of care team member, name, and location	Reason for visit/topics to discuss	Notes/questions to ask
	O Primary doctor	Routine visit	
	Oncologist	O Follow-up tests	
	O Pulmonologist	O Discuss test results	
	Other:	Concerns about symptoms or side effects	
	Name:	O Blood draw	
	Location:	Other:	
	O Primary doctor	O Routine visit	
	Oncologist	Follow-up tests	
	O Pulmonologist	O Discuss test results	
	Other:	Concerns about symptoms or side effects	
	Name:	Blood draw	
	Location:	Other:	
	O Primary doctor	Routine visit	
	Oncologist	Follow-up tests	
	O Pulmonologist	O Discuss test results	
	Other:	Concerns about symptoms or side effects	
	Name:	O Blood draw	
	Location:	Other:	

14 Please read the Patient Information in the full Prescribing Information and discuss with your healthcare provider.

Questions to ask your healthcare providers



Before each visit to see your healthcare providers, it's a good idea to write down a list of questions that you and your care partner would like to ask. Be sure to ask them to explain if an answer is unclear or you would like more information. Here are some questions you may want to start with, along with space to write in their answers.



What can I do to prepare for treatment with ALUNBRIG (brigatinib)?



What side effects are most common with ALUNBRIG?



How long does it take for ALUNBRIG to start working?



How can I tell the difference between side effects from ALUNBRIG and symptoms from my cancer?



How long will I need to take ALUNBRIG?



Are there any side effects we should call you about right away?



What does my long-term plan look like?



How can we reach you on nights, holidays, or weekends?



Will you contact me with important information about my treatment plan (eg, test results), or do I need to follow up with you?



What support services are available to me?

Your care team contacts

Use this section to keep track of the important people on your care team.

Contacts	
Emergency contact	Oncologist
Name:	Name:
Address:	Address:
Telephone:	Telephone:
Email:	Email:
Relationship:	
Primary care doctor	Oncology nurse
Name:	Name:
Address:	Telephone:
Telephone:	Email:
Email:	

Continued on the next page

Your care team contacts

Contacts

Nurse navigator Pulmonologist Telephone: Telephone: Email: Physician assistant Social worker Name: _____ Telephone: _____ Telephone: _____ Email: _____ Email: _____ **Specialty pharmacist/pharmacy Pathologist** Name: Email: ____

Contacts

Palliative care specialist	Secondary health insurance provider		
Name:	Name:		
Telephone:	Telephone:		
Email:	Email:		
Case manager/Financial counselor			
Name	Financial assistance information		

Primary health insurance provider

Telephone:

Name: ______
Telephone: _____
Email: _____

Program Name: Takeda Oncology Here2Assist®*

Telephone: 1-844-817-6468
Website: www.Here2Assist.com

Co-pay assistance information

Program Name: Takeda Oncology Co-Pay Assistance Program*

Telephone: 1-844-817-6468

Website: www.TakedaOncologyCoPay.com

*Program subject to eligibility requirements; not everyone will qualify.

Your diagnosis history

Use this section to keep a history of your diagnosis, important information from your care team, and any updates during the course of your disease.

Your treatment history

Use this section to keep a history of your treatment plan, important instructions from your care team, and any updates during the course of your treatment with ALUNBRIG (brigatinib).

Date starting on ALU	JNBRIG (MM/DD/YYYY): / /
Changes observed d	luring treatment:
Jpdates to treatmen	nt regimen:
MM/DD/YYYY	
/ /	
/ /	
mportant information	on from your care team:

Support and resources

Notes



From finding financial assistance that may be right for you to understanding your disease, Takeda Oncology Here2Assist® can provide the information you need throughout your treatment

Takeda Oncology Here2Assist:

- Works with your insurance company to help you get started on your medication
- ▶ Identifies available financial assistance that may be right for you
- ► May help get you started on treatment if there is a delay in insurance coverage determination
- ▶ Connects you to additional support services and resources

- ▶ Identifies specialty pharmacies to help fill and ship your prescriptions appropriately
- ► Conducts regular follow-up calls with you
- ► Sends you status updates and reminders via text message*
- ► Connects you with nurse navigators to support your product education journey



ACCESS SUPPORT: Once you're enrolled, Takeda Oncology Here2Assist case managers can work with you and your healthcare provider to determine your coverage options, and provide additional support throughout your Takeda Oncology treatment.



FINANCIAL ASSISTANCE: If you need assistance affording your medication, Takeda Oncology Here2Assist can help identify financial assistance programs that may be able to help you with the cost of your treatment.



HELPFUL RESOURCES: Takeda Oncology Here2Assist case managers can provide information about additional resources that may help address day-to-day concerns associated with your treatment.



To learn more about Takeda Oncology Here2Assist, call to speak with a case manager at 1-844-817-6468, Option 2, or *scan the QR code* to visit www.Here2Assist.com. Let's Talk. We're available Monday-Friday, 8AM-8PM ET. To learn more about Takeda Oncology Here2Assist, visit www.Here2Assist.com/patient/home

^{*}Patients will need to enroll in the texting program to receive text messages.

Learn more about living with ALK+ metastatic NSCLC

To learn from another person's experience with ALUNBRIG (brigatinib), use your phone to scan the QR code.



To request or download additional resources, sign up for our free Patient Information Kit at ALUNBRIG.com/resources.

To learn more, visit ALUNBRIG.com.

Please read the Patient Information in the full Prescribing Information and discuss with your healthcare provider.



